

Help Us Prevent the Spread of Flu in Our Office!

These guidelines apply for all persons coming to our office, including our medical and support staff, patients, parents and visitors.

Parents and care givers:

Does anyone planning to come to our office today have fever higher than 100 degrees with cough, sore throat, or nasal congestion/runny nose?

If NO: It's OK to come.

If you or your child is without fever, but with only mild respiratory symptoms (cough, runny nose, sore throat), you may come for the appointment. We will room you right away and ask the mildly sick individual to wear regular mask while here.

If YES: You or your child may be showing signs of the flu.

- 1. Please do NOT come for your visit.** Call us at 714.939-6118 to reschedule your appointment.
2. Contact the sick person's primary care provider for possible testing and treatment as soon as possible. Antivirals work best when started 24-48 from symptom start.
3. It is safe for you and your child to come when everyone coming has been fever free (below 100F) for 24 hours without fever reducing medication (e.g. Tylenol, Advil/Motrin).

Thanks for your help in preventing the spread of flu.

For OC Kids NDC Team