

# Helping The Behaviorally Challenging Child

*A 6-week course for helping children and teens with difficult-to-manage behaviors*

**6 Thursdays, January 12 – February 16, 2012**

**7:00 PM – 9:00 PM**

**UCP of Orange County** (see address below)

Based upon the work of Ross Greene, Ph.D. and Stuart Ablon, Ph.D. and their Collaborative Problem Solving method, this 6-week course will educate parents to guide their children to avoid meltdowns, gain lagging skills and improve parent-child communication.

- If you've tried everything and it hasn't worked, this class is for you!**
- Results are often seen immediately and continue to build indefinitely.**
- Book, binder and weekly email consultation with instructor included in course fee.**
- Works for all children, regardless of diagnosis, even if there is no diagnosis.**

Course Instructor:

**Debra Ann Afarian, UCP-OC Parent Educator**

Debra Ann's community activities include Parent Educator for UCP and Coordinator of the Greater Orange County CHADD AD/HD Chapter. These include presenting the on-going classes for Helping the Behaviorally Challenging Child; in-service presentations for dealing with challenging children, and monthly Support Groups for AD/HD & Collaborative Problem Solving. Debra Ann coaches teachers and families on resources available for dealing with children with behavioral challenges.

Workshop Location:

UCP of Orange County, Life Without Limits Pediatric Therapy Center  
980 Roosevelt, Suite 100  
Irvine, CA 92620

**RSVP to: Debra Ann Afarian (949) 333-6411 or [dafarian@ucp-oc.org](mailto:dafarian@ucp-oc.org)**  
Pre-registration required: \$120 course fee; \$180 for co-parents living in the same household

For more information, please visit [www.ucp-oc.org/parentingclass](http://www.ucp-oc.org/parentingclass)

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*for children with disabilities*

